1. SQL Essential Training:

<https://www.lynda.com/SQL-tutorials/SQL-Essential-Training/139988-2.html>

Highlights: This is a nice overview for anyone. You may find something you don’t already know about SQL.

* Chapter 3, basic relational database coverage. Highly recommend .
* Chapter 4, 5 and 6 discuss most frequently used data types in SQL. Highly recommend.
* Chapter 8, 9, and 10 are a little advanced. If you don’t do large day-to-day database insert/updating, you can skip them.  Rest chapters are recommended for everyone.

1. SQL for Data Reporting and Analysis:

<https://www.lynda.com/SQL-tutorials/SQL-Data-Reporting-Analysis/529631-2.html>

Highlights: This one is for using data in SQL. You most likely are already familiar with the operations it talks about.

Some topics may be interesting to you:

* Transform SQL results with string functions
* SQL WHERE clause with date functions
* Understand SQL indexes and keys